



**Boulder Vein Center**  
Goodbye vein. Goodbye pain.

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## **Pre-op Instructions for all Vein Procedures**

You will be seeing Dr. Fox prior to the procedure if you have any additional questions the day of procedure.

You **MUST** have someone drive you to and from your procedure appointment.

Please **no caffeine** the day of your procedure. You may have caffeine afterwards. If you consume Caffeine your procedure may need to be rescheduled.

Please remember to take your first valium 30 minutes prior to procedure. You will take the second pill upon arrival.

Make sure you eat as you normally would prior to your procedure.

Please drink plenty of water, the more the better.

Please bring your compression stockings with you to the procedure. You will be required to wear compression stockings for 2 weeks after your procedure. If you do not yet have a pair, we do offer a selection for purchase in our office.

You may have an ace bandage placed on your leg, please wear appropriate pants to accommodate for this.

You will be undressing from the waist down for the procedure. You will be covered with a large drape during the procedure.

Thank You.

Please call with any questions.